

## **Tempeh Tacos**

## 4 servings

## Ingredients

inglicule:	
2 tablespoons neutral oil (such as grapeseed or sunflower)	2 teaspoons chili powder
2 (8-ounce) packages tempeh, crumbled into roughly 1/2-inch	1 ½ teaspoons nutritional yeast
pieces	1 teaspoon smoked paprika
1 large yellow onion, cut into 1/2-inch pieces	1 teaspoon red hot sauce, plus more to taste (optional)
Kosher salt and black pepper	12 hard taco shells, warmed
3 tablespoons tomato paste	
2 teaspoons ground cumin	

## **Directions**

In a large (12-inch) skillet, heat the oil over medium-high.

Add the tempeh and onion, season with salt and pepper, and cook, undisturbed, until deep brown, 2 minutes.

Stir and cook until browned all over, 3 to 5 minutes. Add more oil as needed if the pan looks dry.

Add the tomato paste, cumin, chili powder, nutritional yeast and smoked paprika.

Season with salt and cook, stirring constantly, until brick red and beginning to stick to the skillet, 5 to 7 minutes.

Try not to rush this step; if it begins to burn, deglaze with a bit of water and reduce the heat.

Add 1 cup water and the hot sauce, if using.

Cook, stirring and scraping up browned bits, until thickened and the mixture is sizzling, 2 to 4 minutes.

Season to taste with salt and hot sauce.

Divide the filling between the taco shells, then top with chosen toppings.

**Source: NYT Cooking Section** 

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